



CHANGING ROOM POLICY

The term 'children' describes any person under the age of 18.

The policy applies to all staff, coaches, volunteers, players, parents/carers and any other individuals directly associated with Ebbisham Sports Club.

Coach Led Activities

Coaches will escort small groups of children into the outer area of changing/toilet facilities after first checking the area is clear. They will then wait in the corridor until the children are finished. They are not permitted to enter the area or to assist the child if asked. If there is a requirement for additional support, the parent should organise to be on site during the activity.

Changing Facilities

Given Ebbisham Sports Club's age and building layout, it does not have dedicated junior changing facilities and therefore these rooms will not be used exclusively by juniors at any given time.

Parents/carers are expected to supervise any changing taking place in the changing rooms. If parents/carers are supervising children not of their own families, they must have permission from the respective parent/carers.

Ebbisham Staff

Ebbisham staff are not able to supervise children whilst using the changing room/toilets. Where possible staff members need to be mindful when children are using the changing rooms.

Parents/Carers responsibilities

Parents/carers have a responsibility to ensure that their children are appropriately supervised while they are attending a sport or leisure facility. It is parents' responsibility to judge whether it is safe and appropriate to allow their unaccompanied child to visit a sport or leisure facility. This judgement should be based on:

- their child's general developmental maturity
- their child's awareness of the potential risks
- the level of supervision and care provided within the facility
- parents/carers may wrongly assume that staff will take responsibility for their children within a sport or leisure facility, or within specific areas such as changing rooms. Parents should therefore be informed about the facility's expectations about supervision of their children, including the use of changing rooms and shower areas.
- parents/carers should clarify these points before they let their children go to a facility alone.
- If parents/carers are supervising children not of their own families, they must have permission from the respective parent/carers

Ebbisham Sports Club's responsibilities (the Operator)

Operators have a responsibility to put in place appropriate safeguarding arrangements, which include promoting and implementing a policy for admitting unaccompanied children. This information should be provided to parents and other users, informing them about the policy regarding unaccompanied children and any rules about the supervision of young children within the facility.

- In changing rooms, Ebbisham displays notices advising adult members that children may be present. Adults need to be mindful about maintaining their own privacy and that of any child/children present.
- Any child (8 yrs of age or over) should use the designated changing room for their biological sex.
- Children are escorted in small groups to use the facilities.
- Ebbisham requests that coaches or assistants first check the toilets/changing areas before permitting the children to proceed. In these circumstances, coaches/assistants will then leave the area and wait in the corridor until the children emerge.
- A headcount is taken to ensure that all children arrive back before the coach/assistant returns to the relevant court.
- Use of mobile phones or recording devices is prohibited in the changing rooms.

For guidance for those whose gender identity is different to their biological sex, please see Appendix A.

Signed For ESC	
Dated	26 July 2026
Review Date	26 July 2028